### Creating Safety Leaders for Today and Tomorrow

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### Creating Safety Leaders for Today and Tomorrow





## **COREY HOPKINS**

DEKRA

**Principal Consultant** 





### **Employee Engagement**

Engaged employees proactively & willingly:

- Participate
- Offer ideas
- Share innovation
- Encourage others
- Provide enthusiasm





# How engaged are employees in your organization?

#### What People Want...

### Interactions should be personal, connected, and leave others in a forward-looking state.

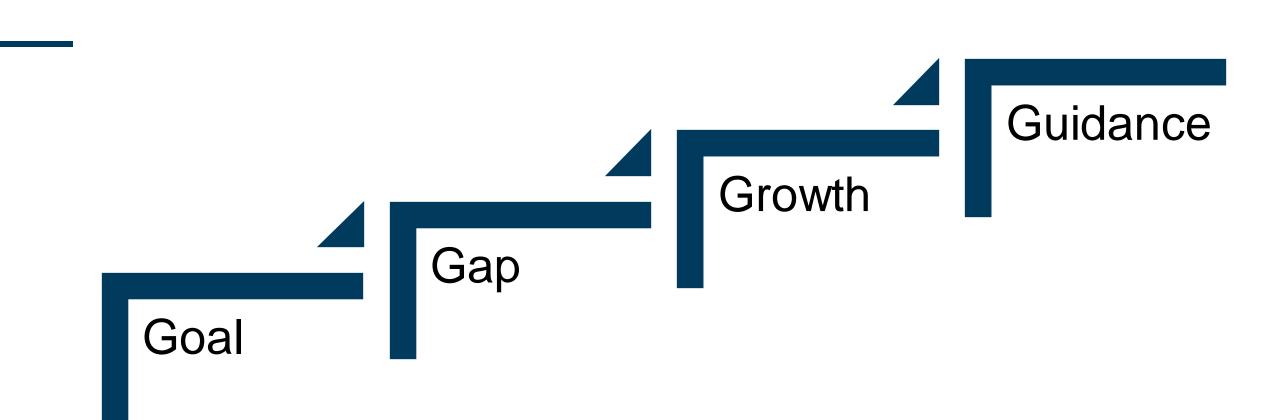


Frontline leaders build a culture of high engagement...



...but are they set up for success?

### Know where you are



# Do you have personal development plans developed for your supervisors?

Do you have a Personal Safety Vision?

#### **Opportunities to Transform Safety Leaders**

- Safety Contacts/FVCC
- Job Safety Briefings
- Hazard Inspections
- Coaching for Leader of Leaders
- Soft Tissue Injuries
- Leading With Safety





# What is a Safety Contact?

A Safety Contact is an interaction with an employee, initiated by a supervisor or manager, in which:

Exposure is discussed

Feedback is provided in a transformational way

A connection is made to your Personal Safety Vision



### Field Verification of Life-Saving Controls

• Field level observations of jobs with SIF exposure to verify Life-Saving Controls are in place.



### Serious Injury and Fatality (SIF) Exposure Defined

**Life-Threatening**. Work-related injury or illness that required immediate life-preserving rescue action, and if not applied immediately would likely have resulted in the death of that person.

**Life-Altering**. Work-related injury or illness that resulted in a permanent and significant loss of a major body part or organ function that permanently changes or disables that person's normal life activity.

**Fatal**. Work-related fatal injury or illness.

### **Field Verification of Life-Saving Controls**

- The presence of effective controls means that the worker is protected from a life-threatening event.
- The absence of or ineffective application of any critical controls means the worker is exposed to a life-threatening event.



### **Everyone knows what a Job Safety Briefing is right?**



Do your briefings end at the beginning of the task/day?

Our definition of a Job Safety Briefing is:

- A <u>series</u> of interactions that focuses on the specific safety requirements/instructions and exposures associated with a work task. This includes discussion of:
  - Lessons learned from previous experience
  - The mechanisms for reducing risk and controlling exposures



### What is a hazard?

An action, condition (physical environment or brain processing), or set of circumstances that increases the potential for an incident.





### **Brain-Centered Hazards™ are a type of condition**

#### Fast Brain Functioning: Conducting important tasks without conscious thought and reliance on habits.

#### **Visual Recognition:**

Missing important information due to the human visual system. Divided Attention: Attempting to multi-task leads to missed information and error.

#### <u>Fatigue</u>

When our brains or bodies are fatigued, our risk for error increases significantly.

Memory: Operating on information that feels correct in the moment and relying on our memory system. Social Think: Our innate need to go along with our group/tribe prevents us from approaching others. Stress & Urgency:

When we notice hints of urgency from others, we put pressure on ourselves to complete tasks.

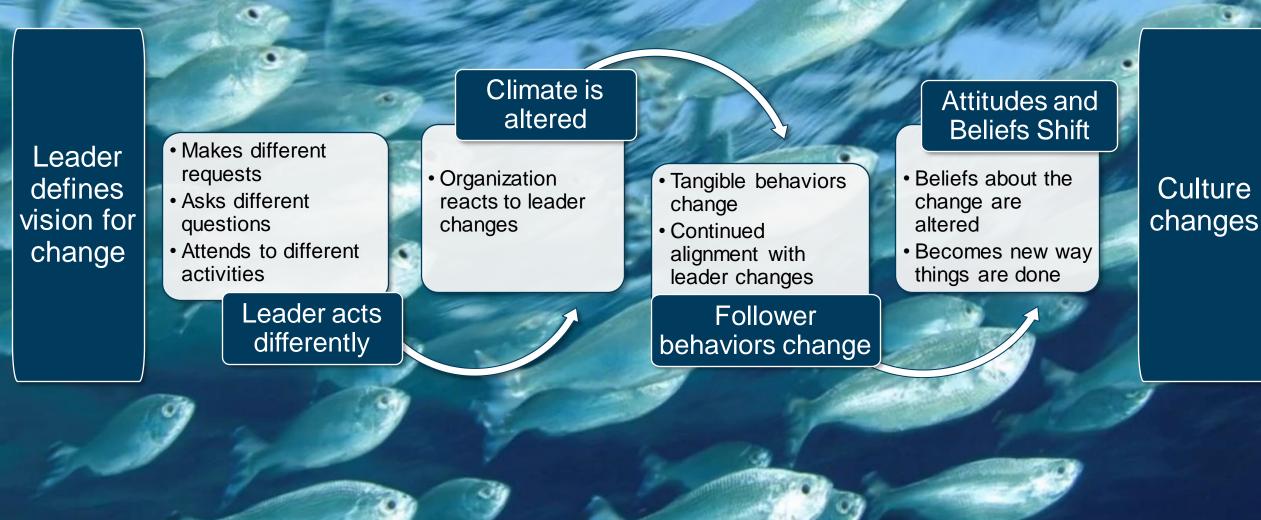


### Do your hazard inspections include both physical conditions and those that are brain centered?

 Open your field of view to hazards beyond just the traditional physical conditions



### **Coaching Leaders of Leaders: Shaping Culture**





# What is your most frequent recordable injury? (Most common answer: Strains)

Soft Tissue injuries account for a majority of workplace recordable injuries.

What do you do to prevent them?



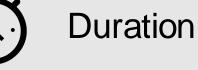
### **Nine Load Factors**

THE BIG THREE **ACCELERATORS** Joint Misalignment

Forceful Exertions







Frequency



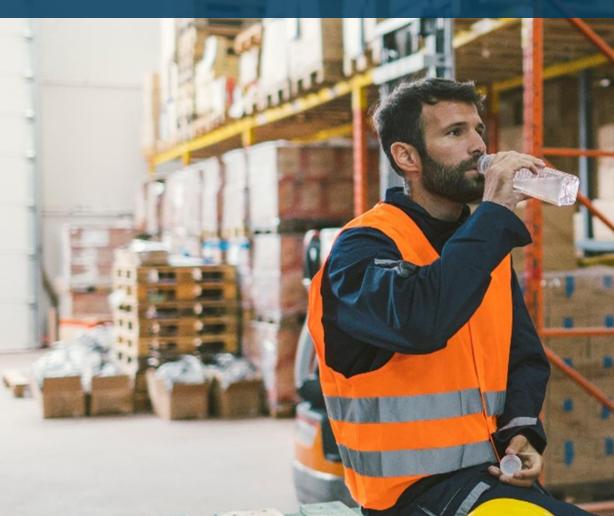


**OTHER FACTORS** 

Vibration

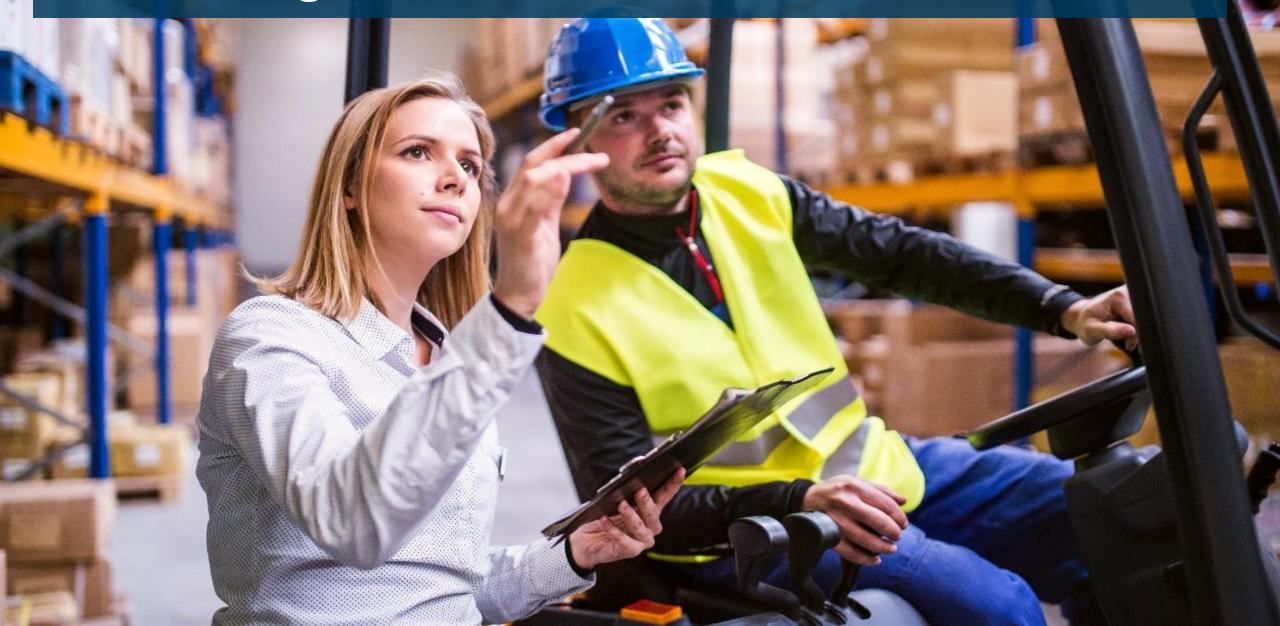
**Contact Stress** 

### **1. Observe for Protective Behaviors**



- a. Assess Load
- b. Employ Mechanical Assist
- c. Align Joints
- d. Engage in Fluid Motions
- e. Seek Relief
- f. Utilize PPE

### 2. Recognize, Reinforce, and Provide Feedback



### Success Feedback

# Identify

Impact

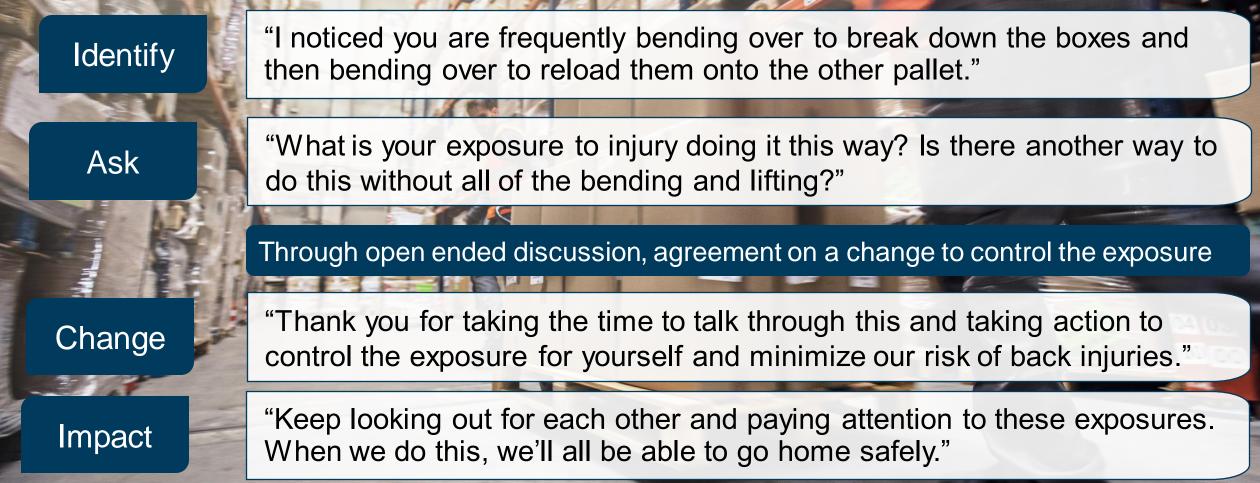
Thank

- Identify specific protective behaviors.
- "When you rotated to the next workstation, I noticed that you took the time to adjust the platform."
- Why the behaviors are important to us controlling exposure and link to your Personal Safety Vision.
- "This enables you to maintain proper body alignment and reduce stress on your body. You set a great example for others."

• "Thank you for your commitment."

### **Guidance Feedback:**

You walk into the warehouse and see workers pulling heavy boxes off the shelf and loading them on to the pallet where they bend over to break down the boxes and reload them onto other pallets that are at ground level.



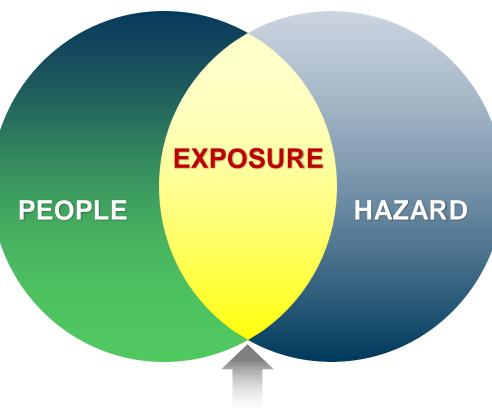
### Foundational Concepts for Leading with Safety



LEADER behavior shapes the culture

When people intersect with a hazard, exposure occurs...

Safety doesn't improve until exposure is controlled, reduced or eliminated.



...producing vulnerability to an incident



### How does a leader influence? Revisiting the best boss you ever had...

### **Personal Safety Vision**

Your <u>vivid</u> goal or aspiration for how you want the work to be done, how you want people to talk to each other, and how you want people to take action – all around safety and exposure.

### **Call to Action**

- Assess your supervisory team
- Make a personal development
  plan for your supervisors
- Provide them the time and resources necessary to follow the plan
- Monitor Performance







# **COREY HOPKINS**

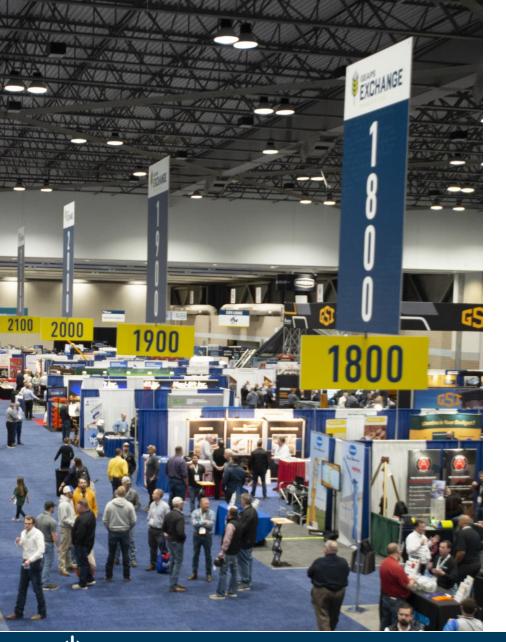
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